

# Practice Routine: Saxophone

Dr. Michael Dean  
Associate Professor of Clarinet & Saxophone  
Southeast Missouri State University, Cape Girardeau, MO 63701  
mdean@semo.edu or palmtree1999@yahoo.com  
573/651-2535 \* www.clarinetmike.com

## Warm-up

Pre-Playing Warm-up Stretches

Relaxation/Air (Balance)

Tone (Emb. & Articulation)

Long Tones (Projection)

Misc. Exercises (Vibrato, Overtones, Altissimo, Low Notes, Tonguing,  
Tuning, Reeds, etc.)

## Scales

Chromatic

Major & Minor plus Arpeggios

Fully Diminished 7<sup>th</sup> Chords

Others (Whole-tone, Octatonic (a.k.a. Diminished), related to a work, etc.)

## Music

Sight-reading/Transposition

Etudes/Studies

Solos

Excerpts (Band, Chamber, etc. with other saxophones as needed)

Jazz/Improvisation

Doubles (Clarinet, Flute, etc.)

[NOTE: A copy of this routine and the practice tips are available at [clarinetmike.com/resources](http://clarinetmike.com/resources).]