

# GO FOR IT! Master Class and Workshop on Music Preparation and Performance

## Dr. Michael Dean "ClarinetMike"

*"Building Great Clarinetists"*

BG France Performing Artist

Clarinet Performing, Teaching and Consulting

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Description: Michael Dean will work with master class participants on upgrading their music preparation and performance. Topics covered will include practice techniques, performance anxiety, practice routine, basics and scales, and more! This is a "How to Do It" workshop geared toward high school and junior high school students and teachers; however, the information will be useful to all. All attendees are encouraged to bring their clarinets to the class.

### I. Intro

- A. It's All About Music – So, How Can I Help My Students Play Music Better?
  - 1. Basics (ARTC, A = Think = How to Prepare Music, etc.)
  - 2. Style (Esp. Romantic Period)
- B. Key Concept: Loading/Unloading [[Frank R. Wilson](#)]
  - 1. Illustrations: Shoelaces, Brushing Teeth, Dynamics, "Performance Tone"
  - 2. Two Applications of Loading/Unloading
    - a. "The quality of the Unloading is based on the quality of the Loading."  
\*\*\* "Load only accurate information."\*\*\*
    - b. "Perform as much as possible from the Unloading Area."  
\*\*\* "Go For It"– "Make MUSIC!"\*\*\*

### II. [Practice Routine](#)

- A. Basics (ARTC)
- B. Scales
- C. Music

### III. Practice Techniques (with Demo)

- A. [Rhythm-Notes](#) or [Rhy-No](#)
- B. ["Feed The Rhy-No!"](#)
- C. [The Fast Way!](#) (works great inside of Rhy-No)
- D. Double Articulation (same)
- E. Count Aloud
- F. [Note Grouping](#)
- G. Air Thru The Notes

### IV. [Performance Anxiety](#)

- A. Common Sense: Bananas, Sleep/Exercise/Diet, Check Clothes, Do IT!
- B. MY STORY

### V. Questions and Answers (formal and informal)

### VI. Further Resources: [ClarinetMike Blog](#), [ClarinetMike.com](#), [Call, Text or Email Me](#), etc.